

**UK Home Countries International XC**  
**U20 Women**  
**Rouken Glen**  
**Glasgow, Scotland**  
**18<sup>th</sup> March 2012**

|    |                  |                  |       |
|----|------------------|------------------|-------|
| 1  | Rhona AUCKLAND   | Scotland         | 18:48 |
| 2  | Grace NICHOLLS   | England          | 18:54 |
| 3  | Laura MUIR       | Scotland         | 18:59 |
| 4  | Louisa STEWART   | Scottish Schools | 19:02 |
| 5  | Gemma KERSEY     | England          | 19:05 |
| 6  | Nicole ROBERTS   | England          | 19:13 |
| 7  | Laura RICHES     | Northern England | 19:35 |
| 8  | Jess CHEN        | England          | 19:40 |
| 9  | Sarah POTTER     | Scotland         | 19:49 |
| 10 | Alex STAINTHORPE | Midland Counties | 19:55 |
| 11 | Kathryn PENNEL   | Scotland         | 20:00 |
| 12 | Abigail HOWARTH  | Northern England | 20:06 |
| 13 | Lucy CROOKES     | Midland Counties | 20:16 |
| 14 | Megan WITHERS    | Welsh Schools    | 20:29 |
| 15 | Ffion PRICE      | Wales            | 20:32 |

|    |                   |                  |       |
|----|-------------------|------------------|-------|
| 16 | Rachel DUNN       | Scottish Schools | 20:36 |
| 17 | Rhainwedd PRICE   | Wales            | 20:40 |
| 18 | Rebecca MIDDLETON | Northern England | 20:47 |
| 19 | Amy JOHNSON       | Midland Counties | 21:18 |
| 20 | Sarah LIVETT      | Wales            | 21:24 |
| 21 | Mhairi MCLENNAN   | Scottish Schools | 21:40 |
| 22 | Ellie DAVIES      | Welsh Schools    | 21:53 |
| 23 | Jemima OSBORN     | Welsh Schools    | 22:02 |
| 24 | Danni JOHNSTON    | Midland Counties | 22:19 |
| 25 | Katie REYNOLDS    | Wales            | 22:24 |
| 26 | Debbie HANNAH     | Scottish Schools | 22:26 |
| 27 | Anna MORRIS       | Welsh Schools    | 22:38 |
| 28 | Megan TURNER      | Welsh Schools    | 22:52 |
| 29 | Lauren BELL       | Welsh Schools    | 23:00 |

| Teams |                  |                           |    |    |              |
|-------|------------------|---------------------------|----|----|--------------|
|       | <i>Team Name</i> | <i>Finisher Positions</i> |    |    | <i>Total</i> |
| 1     | England          | 2                         | 5  | 6  | 13           |
| 2     | Scotland         | 1                         | 3  | 9  | 13           |
| 3     | North of England | 7                         | 12 | 18 | 37           |
| 4     | Scottish Schools | 4                         | 16 | 21 | 41           |
| 5     | Midland Counties | 10                        | 13 | 19 | 42           |
| 6     | Wales            | 15                        | 17 | 20 | 52           |
| 7     | Welsh Schools    | 14                        | 22 | 23 | 59           |

**UK Home Countries International XC**  
**U20 Men**  
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|    |                     |                   |       |
|----|---------------------|-------------------|-------|
| 1  | Charlie MACLEAN     | England           | 22:31 |
| 2  | Blayne PICK         | Midlands Counties | 22:38 |
| 3  | Thomas FRITH        | England           | 22:44 |
| 4  | Daniel WOODGATE     | England           | 22:49 |
| 5  | Charlie HULSON      | Wales             | 22:51 |
| 6  | Jai VERNON-MCGUIGAN | North of England  | 22:56 |
| 7  | Jason PRICKETT      | England           | 23:01 |
| 8  | Ryan HOLROYD        | Midlands Counties | 23:04 |
| 9  | Lachlan OATES       | Scotland          | 23:12 |
| 10 | Luke TRAYNOR        | Scotland          | 23:14 |
| 11 | Ben NORRIS          | Midlands Counties | 23:17 |
| 12 | Andrew CRICHTON     | Scotland          | 23:18 |
| 13 | Ryan HOLT           | Northern Ireland  | 23:37 |
| 14 | Jack MORRIS         | North of England  | 23:44 |
| 15 | Tom JERVIS          | North of England  | 23:57 |
| 16 | Mike WARD           | Welsh Schools     | 23:58 |

|    |                       |                   |       |
|----|-----------------------|-------------------|-------|
| 17 | Christopher CARPANINI | Wales             | 24:00 |
| 18 | Jake WIGHTMAN         | Scottish Schools  | 24:16 |
| 19 | Gwynant JONES         | Welsh Schools     | 24:21 |
| 20 | James WALDIE          | Scotland          | 24:26 |
| 21 | Dale WORTON           | North of England  | 24:28 |
| 22 | Nathan JONES          | Welsh Schools     | 24:33 |
| 23 | James ROBERTS         | Welsh Schools     | 24:35 |
| 24 | Chris PONTON          | Scottish Schools  | 24:35 |
| 25 | Christopher WATSON    | Scottish Schools  | 24:38 |
| 26 | Dan STUDLEY           | Midlands Counties | 24:44 |
| 27 | Maxi Walmsley PLEDI   | Northern Ireland  | 25:02 |
| 28 | Emyrs PENNY           | Wales             | 25:21 |
| 29 | William JACKSON       | Combined Services | 25:33 |
| 30 | Josh GRIFFITHS        | Wales             | 25:36 |
| 31 | Greg WILLIAMS         | Scottish Schools  | 26:03 |
| 32 | Mathew O'LEARY        | Welsh Schools     | 27:03 |

| Teams |                  |                           |    |    |              |
|-------|------------------|---------------------------|----|----|--------------|
|       | <i>Team Name</i> | <i>Finisher Positions</i> |    |    | <i>Total</i> |
| 1     | England          | 1                         | 3  | 4  | 8            |
| 2     | Midland Counties | 2                         | 8  | 11 | 21           |
| 3     | Scotland         | 9                         | 10 | 12 | 31           |
| 4     | North of England | 6                         | 14 | 15 | 35           |
| 5     | Wales            | 5                         | 17 | 28 | 50           |
| 6     | Welsh Schools    | 16                        | 19 | 22 | 57           |
| 7     | Scottish Schools | 18                        | 24 | 25 | 67           |

**UK Home Countries International XC**  
**Senior Women**  
**Rouken Glen**  
**Glasgow, Scotland**  
**18<sup>th</sup> March 2012**

|    |                       |                  |       |
|----|-----------------------|------------------|-------|
| 1  | Lauren DEADMAN        | England          | 25:24 |
| 2  | Rosie SMITH           | Scotland         | 25:33 |
| 3  | Rebekah RANDELL       | England          | 25:50 |
| 4  | Stacey JOHNSON        | England          | 25:54 |
| 5  | Keira MURRAY          | Scotland         | 25:57 |
| 6  | Sian EDWARDS          | Wales            | 25:58 |
| 7  | Frances BRISCOE       | Midland Counties | 26:07 |
| 8  | Katie WALSHAW         | North of England | 26:11 |
| 9  | Katie PARRY           | Wales            | 26:23 |
| 10 | Elysia RIDLEY         | Wales            | 26:28 |
| 11 | Morgan WINDRUM-GEDDES | Scotland         | 26:46 |
| 12 | Sharon BIRD           | Northern Ireland | 26:49 |

|    |                      |                   |       |
|----|----------------------|-------------------|-------|
| 13 | Patricia O'HAGAN     | Northern Ireland  | 27:05 |
| 14 | Nicola SQUIRES       | North of England  | 27:08 |
| 15 | Jacqueline FAIRCHILD | North of England  | 27:12 |
| 16 | Danielle HODGKINSON  | Combined Services | 27:14 |
| 17 | Eleanor FOWLER       | Midland Counties  | 27:16 |
| 18 | Christina RANKIN     | Scotland          | 27:24 |
| 19 | Helen BERRY          | North of England  | 27:29 |
| 20 | Gweno BROWN          | Wales             | 27:30 |
| 21 | Tamsyn RUTTER        | Combined Services | 28:46 |
| 22 | Magdalen MILLER      | Combined Services | 30:05 |
| 23 | Lucy KERSHAW         | Combined Services | 30:36 |

| Teams |                   |                           |    |    |              |
|-------|-------------------|---------------------------|----|----|--------------|
|       | <i>Team Name</i>  | <i>Finisher Positions</i> |    |    | <i>Total</i> |
| 1     | England           | 1                         | 3  | 4  | 8            |
| 2     | Scotland          | 2                         | 5  | 11 | 18           |
| 3     | Wales             | 6                         | 9  | 10 | 25           |
| 4     | North of England  | 8                         | 14 | 15 | 37           |
| 5     | Combined Services | 16                        | 21 | 22 | 59           |

**UK Home Countries International XC**  
**Senior Men**  
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**Glasgow, Scotland**  
**18<sup>th</sup> March 2012**

|    |               |                   |       |
|----|---------------|-------------------|-------|
| 1  | Derek HAWKINS | Scotland          | 27:28 |
| 2  | Dew GRIFFITHS | Wales             | 27:55 |
| 3  | Andy WILES    | North of England  | 28:00 |
| 4  | Ben LIVESEY   | Combined Services | 28:00 |
| 5  | Andy NIXON    | England           | 28:04 |
| 6  | Peter HUCK    | England           | 28:17 |
| 7  | Ross HOUSTON  | Scotland          | 28:35 |
| 8  | Dave NORMAN   | North of England  | 28:41 |
| 9  | Ian MITCHELL  | Wales             | 28:44 |
| 10 | Alex HENDRY   | Scotland          | 28:47 |
| 11 | Paul WITTAKER | England           | 28:48 |
| 12 | Gareth RAVEN  | North of England  | 28:59 |
| 13 | Matt JANES    | Wales             | 29:05 |

|    |                |                   |       |
|----|----------------|-------------------|-------|
| 14 | Sean FONTANA   | Scotland          | 29:09 |
| 15 | Chris RIMMER   | Midland Counties  | 29:10 |
| 16 | Matt BLUNDEN   | Combined Services | 29:13 |
| 17 | Ross JONES     | Midland Counties  | 29:20 |
| 18 | Shane KERR     | Northern Ireland  | 29:23 |
| 19 | Dean LACY      | England           | 29:27 |
| 20 | Jarlath FALLS  | Northern Ireland  | 29:30 |
| 21 | Daniel CLIFFE  | North of England  | 29:47 |
| 22 | Chris MCGURK   | Midland Counties  | 30:40 |
| 23 | Mark HOPKINSON | Combined Services | 31:03 |
| 24 | Kieran WHITE   | Combined Services | 31:13 |
| 25 | James TROLLOP  | Midland Counties  | 32:21 |

| Teams |                   |                           |    |    |              |
|-------|-------------------|---------------------------|----|----|--------------|
|       | <i>Team Name</i>  | <i>Finisher Positions</i> |    |    | <i>Total</i> |
| 1     | Scotland          | 1                         | 7  | 10 | 18           |
| 2     | England           | 5                         | 6  | 11 | 22           |
| 3     | North of England  | 3                         | 8  | 12 | 23           |
| 4     | Wales             | 2                         | 9  | 13 | 24           |
| 5     | Combined Services | 4                         | 16 | 23 | 43           |
| 6     | Midland Counties  | 15                        | 17 | 22 | 54           |